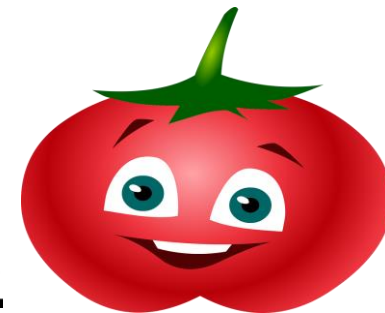
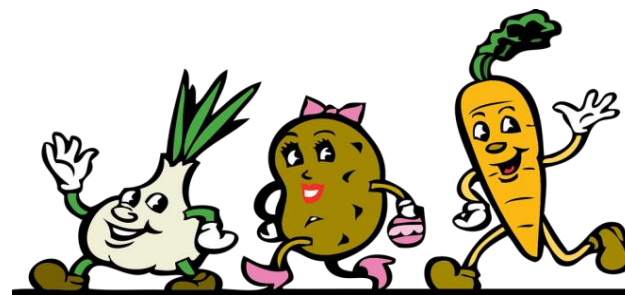


WINTER MENU 2017

FIRST & PRIMARY SCHOOL

WEEK ONE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Roast Chicken</p> <p> Ricotta Tortellini</p> <p> Homemade Sandwich with a Choice of Fillings</p>	<p> Savoury Mince with Yorkshire Pudding</p> <p> Veggie Mince with Yorkshire Pudding</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Veggie Roast of the Day with Yorkshire Pudding</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Chicken Pie</p> <p> Quorn Pie</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Homemade Pizza</p> <p> Fish Portion</p> <p> Homemade Sandwich with a Choice of Fillings</p>
Potatoes	Waffles	Creamed Potato	Creamed Potatoes	Creamed Potatoes	Chips
Pasta/Rice	Pasta	Pasta	Pasta	Pasta	Pasta
Vegetables	Seasonal Vegetables Sweetcorn / Beans	Seasonal Vegetables Green Beans	Seasonal Vegetables Carrots	Seasonal Vegetables Peas	Seasonal Vegetables Beans
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Sponge with Custard	Sticky Toffee Pudding with Custard	Fruity Rice Pudding Muffin Juice	Mousse Slice	Chocolate Cake Homemade Biscuit Milk

Fresh Fruit and Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

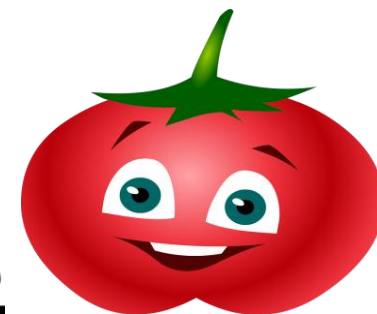
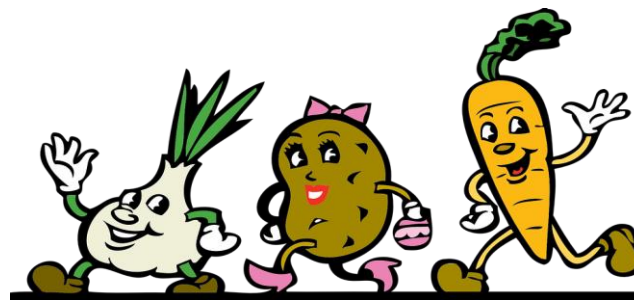
Allergen Information is Available from the Catering Manager or NCC Web Site

















WINTER MENU 2017

FIRST & PRIMARY SCHOOL

WEEK TWO



 **Homemade Items**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Tomato & Basil Pasta Bake</p> <p>Fish Cakes</p> <p> Homemade Sandwich with a Choice of Fillings</p>	<p> Spaghetti Bolognese</p> <p> Quorn Curry Rice</p> <p> Jacket Potato with a Choice of Fillings</p> <p></p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Veggie Roast of the Day with Yorkshire Pudding</p> <p> Jacket Potato with a Choice of Fillings</p>	<p> Savoury Mince with Dumplings</p> <p> Veggie Mince with Dumplings</p> <p> Jacket Potato with a Choice of Fillings</p> <p></p>	<p> Tuna or Cheese Melt</p> <p> Breaded Fish Portion</p> <p> Homemade Sandwich with a Choice of Fillings</p> <p></p>
Potatoes Pasta / Rice	Crusty Bread Potato Waffles Pasta	Pasta	Creamed Potatoes Pasta	Creamed Potatoes Pasta	Chips Pasta
Vegetables	Seasonal Vegetables Beans / Sweetcorn	Seasonal Vegetables Sweetcorn	Seasonal Vegetables Green Beans	Seasonal Vegetables Carrots	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	 Chocolate Cake with Custard	 Chocolate Brownie Juice	 Fruit Whip	 Fruit Sponge with Custard	 Homemade Biscuit with a Glass of Milk



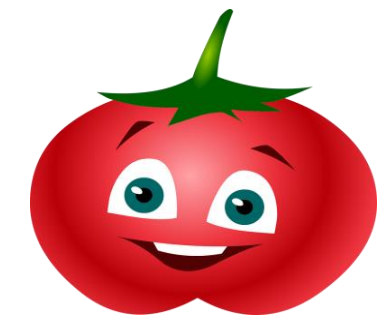
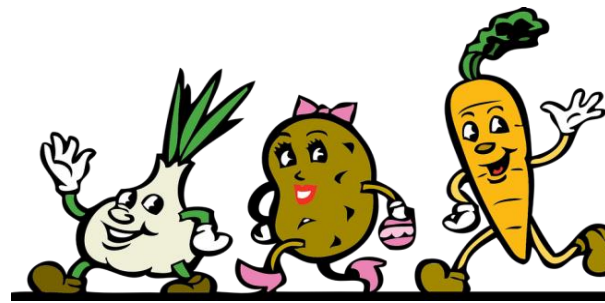
Fresh Fruit & Yoghurt available
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Web Site



WINTER MENU 2017

FIRST & PRIMARY SCHOOL

WEEK THREE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Homemade Pizza</p> <p> Fish Fingers</p> <p> Homemade Sandwich with a Choice of Fillings</p> <p></p>	<p> Savoury Mince Pie</p> <p> Veggie Mince Pie</p> <p> Jacket Potato with a Choice of Fillings</p> <p></p>	<p> Roast of the Day with Yorkshire Pudding</p> <p> Veggie Roast of the Day with Yorkshire Pudding</p> <p> Jacket Potato with a Choice of Fillings</p> <p></p>	<p> Pork Sausages Yorkshire Pudding</p> <p> Quorn pieces Yorkshire Pudding Gravy</p> <p> Jacket Potato with a Choice of Fillings</p> <p></p>	<p> Sausages</p> <p> Veggie Sausages</p> <p> Homemade Sandwich with a Choice of Fillings</p> <p></p>
Potatoes Pasta / Rice	Waffles Pasta	Creamed Potatoes Pasta	Creamed Potatoes Pasta	Creamed Potatoes Pasta	Chips Pasta
Vegetables	Seasonal Vegetables Beans	Seasonal Vegetables Peas	Seasonal Vegetables Green Beans	Seasonal Vegetables Carrots	Seasonal Vegetables Beans
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p> Jam / Syrup Sponge with Custard</p>	<p> Mousse Slice</p>	<p> Fruit & Ice Cream</p>	<p> Tutti Frutti Cake with Glass of Milk</p>	<p> Muffin with Glass of Juice</p>

Fresh Fruit & Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Web Site

