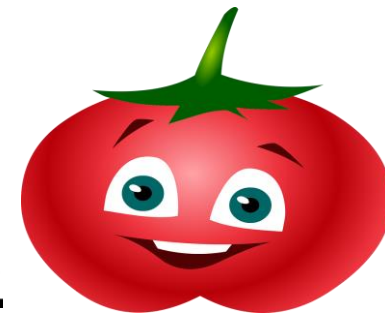
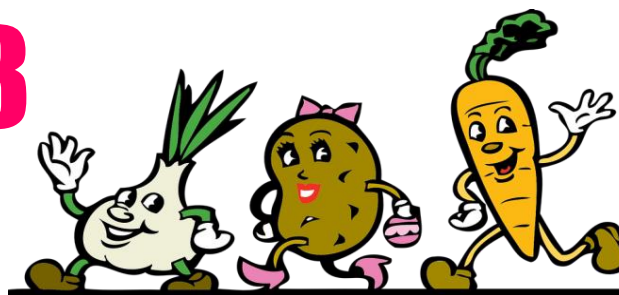


SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK ONE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Chicken Curry Tomato & Basil Pasta Bake Jacket Potato with choice of filling	Mince Pie Meat Free Mince Pie Sandwich with choice of filling	Roast Turkey with Yorkshire Pudding Veggie Roast Jacket Potato with choice of filling	Chicken Casserole Veggie casserole Sandwich with choice of filling	Fish Fingers Quorn Curry Jacket Potato with choice of filling
Potatoes Pasta/Rice	Rice Crusty Bread	Jacket Potato Wedges or Creamed Potato	Creamed Potatoes	Garlic Bread Creamed Potatoes Parsley Potatoes	Chips or Pasta or Mini Potato Waffles or Rice
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate & Pear Sponge with Chocolate Sauce	Homemade Fruity Flapjack	Fruity Rice Pudding or Fruit Salad	Tutti Frutti Cake Glass of Milk	Fruit Whip or Fruit Meringue



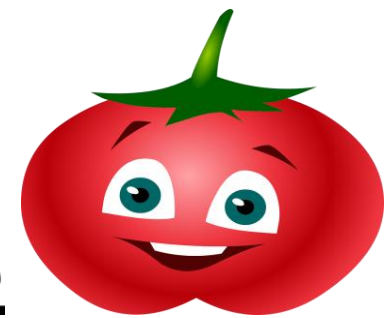
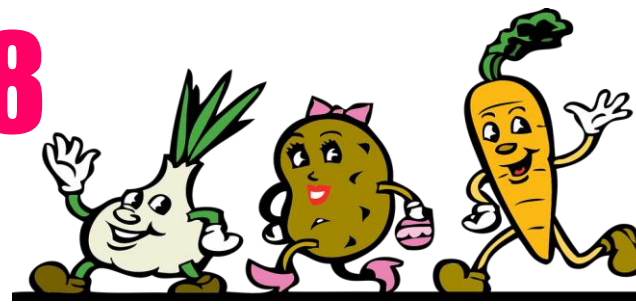
Fresh Fruit and Yoghurt available daily
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Website



SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK TWO



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p> Spaghetti Bolognese or Chilli Con Carne</p> <p> Fish portion or Chicken portion</p> <p> Jacket Potato with choice of filling</p>	<p> Savoury Mince with Dumplings</p> <p> Meat Free Savoury Mince with Dumplings</p> <p> Sandwich with choice of filling</p>	<p> Roast Chicken with Yorkshire Pudding</p> <p> Veggie Roast</p> <p> Jacket Potato with choice of filling</p>	<p> Chicken Curry</p> <p> Quorn and Vegetable Curry</p> <p> Sandwich with choice of filling</p>	<p> Homemade Margherita Pizza</p> <p> Homemade Quiche</p> <p> Jacket Potato with choice of filling</p>
Potatoes Pasta / Rice	<p>Crusty Bread</p> <p>Garlic Bread</p> <p>Rice</p> <p>Waffles</p>	<p>Creamed Potatoes</p> <p>Parsley Potatoes</p>	<p>Roast Potatoes</p> <p>Parsley Potatoes</p> <p>Creamed potatoes</p>	<p>Rice</p> <p>Parsley Potatoes</p>	<p>Chips or Pasta or Mini Potato Waffles</p>
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	<p> Fruity Flapjack with a Glass of Juice</p>	<p>Fruit Smoothie or Fruit & Ice Cream</p>	<p> Sponge with a Glass of Juice</p>	<p> Vanilla Sponge with Custard or Vanilla Sauce</p>	<p> Fruity Muffin with a Glass of Milk</p>



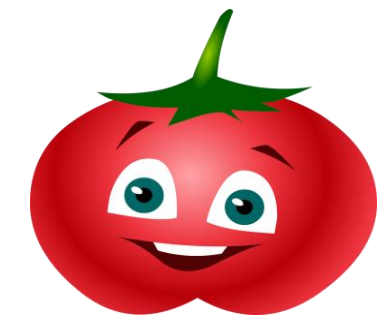
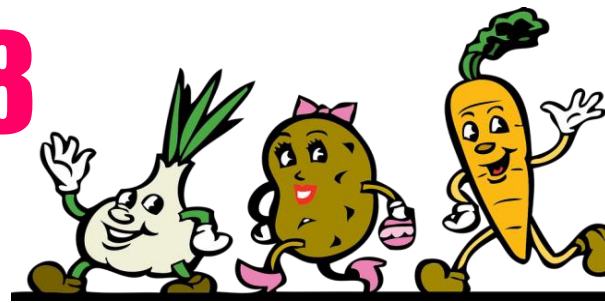
Fresh Fruit & Yoghurt available
Drinking Water is Available Daily on the Dining room Tables
Allergen Information is Available from the Catering Manager or NCC Website



SUMMER MENU 2018

FIRST & PRIMARY SCHOOL

WEEK THREE



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Sweet & Sour Chicken	Mince and Dumplings	Roast Beef with Yorkshire Pudding	Chicken Pie	Oven Baked Sausage
	Fish Cake	Veggie Mince and Dumplings	Veggie Roast	Ricotta Tortellini with Tomato & Basil Sauce	Oven Baked Veggie Sausage
	Jacket Potato with choice of filling	Sandwich with choice of filling	Jacket Potato with choice of filling	Sandwich with choice of filling	Jacket Potato with choice of filling
Potatoes Pasta / Rice	Rice Waffles	Creamed Potatoes	Parsley Potatoes	Rice Parsley Potatoes	Chips or Pasta or Mini Potato Waffles
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Fruit Cheesecake or Iced sponge	Fruit with Ice Cream Sponge Roll	Peach Sponge with Custard	Fruit Mousse Slice or Fruit Whip	Chocolate Brownie with a Glass of Milk

Fresh Fruit & Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Website

